

Not every patient will need medication



In some cases you may not need medication.

In these situations your pharmacist will give you advice on how best to deal with your symptoms and answer any questions that you might have.

Your pharmacist is providing advice and/or treatment in line with the Community Pharmacist Minor Ailments Scheme for your presenting symptoms.

If your symptoms persist you should seek further advice from your GP.

Advice can also be obtained from

NHS CALL 24 HOURS ON
Direct 0845 4647

www.nhsdirect.nhs.uk

Remember...

- ALWAYS take your medicines exactly as they have been prescribed by your doctor.
- If you are unsure about any part of your treatment or medicines, ask your doctor or a local pharmacist for advice.
- If you wish to start taking other medicines e.g. over-the-counter medicines from your local chemist, ALWAYS ask your local pharmacist or GP for advice to ensure it is safe to take with your regular medicines.
- NEVER take any prescription medication that has been prescribed for someone else. Only your doctor will know if a medicine is suitable for you.
- If in doubt, ask your local pharmacist. He/she is available to give you advice about any aspect or your medicines.

Community Pharmacist Minor Ailments Scheme



Acknowledgment to Hartlepool PCT & Sheffield PCTs for permission to build on information from their schemes.

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NHS

Milton Keynes

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The Community Pharmacist Minor Ailment Scheme offers advice and/or treatment for a wide range of conditions.

These include:

Cough ● Sore Throat

Headache ● Fever

Nasal Congestion ● Hay Fever

Allergies ● Diarrhoea

Vaginal Thrush ● Threadworm

Athlete's Foot

Insect Bites or Stings

Mouth Ulcers ● Nappy Rash

Pain ● Constipation

What does this mean?

The scheme means that you don't need to wait for an appointment to see your doctor about any of the problems listed. You can choose to go to see your pharmacist who can give advice and treatment.

If you don't pay for your prescription your pharmacist will be able to supply any medicines you might need free of charge.

You will need to sign the back of the Pharmacist's prescription form and show proof of your exemption like you do on a doctor's prescription.



Can I go to any Pharmacy?

Many MK pharmacies offer this service, meaning that you can now get NHS healthcare from extra sites in Milton Keynes – local to your home or work.

Remember - some pharmacies are open later in the evenings and on Saturdays and Sundays. Opening hours are available from NHS Direct (see contact details overleaf).

What will the pharmacist ask?

This scheme is only available for patients registered with a doctor in Milton Keynes, so your pharmacist may ask you for evidence of registration with your doctor. This could be your medical card or a tear-off slip from a previous prescription.

You will then be asked questions about your symptoms. These will include details about any other medicines that you are currently taking and details about your illness. This is to make sure that any medicines you may be given are suitable for you.

The "patient" - adult or child - must present in person for this NHS consultation.

Any details you give to your Pharmacist are confidential.

The pharmacist will also tell you the best way to take the medicine and any other ways to manage your ailment. Usually this treatment will be sufficient until your condition improves and you will not need to visit the doctor.

Any medicine you are given is only for you, it may not be right for someone else even if they have similar symptoms.