

Minor Ailment Scheme Formulary

Product	Indication	Important Exclusions*
Aspirin Soluble 300mg Tablets (32)	Sore throat	Under 16 yrs, anticoagulants, active bleed/ulcer
Beclomethasone Nasal Spray (100 sprays)	Hay fever	Under 6 yrs, concurrent oral/high dose inhaled steroids, untreated nasal infection
Bonjela Adult Gel (15g)	Mouth ulcers	Under 16 yrs, untreated oral infection, TB/viral lesions
Cetirizine Tablets 10 mg (30)	Hay fever	Under 6 yrs
Chlorhexidine mouthwash (300ml)	Mouth ulcers	Under 12 yrs
Chlorphenamine Syrup (150 ml)	Hay fever / Insect bites	Under 2 yrs, infected/ facial/anogenital bites & stings
Chlorphenamine Tablets 4 mg (1 pack of 28 or 30)	Hay fever / Insect bites	Severe liver disease, infected/facial/anogenital bites & stings
Clotrimazole Cream 2% (20g)	Vaginal thrush	Under 16 yrs, pregnancy
Clotrimazole cream 2% + Pessary 500mg (Combi)	Vaginal thrush	Under 16 yrs, pregnancy
Clotrimazole Pessary (500 mg)	Vaginal thrush	Under 16 yrs, pregnancy
Guaphenesin Linctus 100mg/5ml (200ml)	Cough	Under 2 yrs, chronic bronchitis, worsening asthma, sudden weight loss, green/blood stained mucus
Hydrocortisone Cream 1% (15g)	Insect bites	Under 10 yrs, infected/ facial/anogenital bites & stings
Ibuprofen Tablets 200 mg (24)	Fever / Headache / Mild to moderate pain	Blood thinning medication, active ulcer/bleed, severe heart failure
Ibuprofen Suspension 100 mg / 5 ml (100 ml)	Fever / Headache / Mild to moderate pain	Under 6 yrs - headache, under 1 yr - pain, under 3 months – fever
Ispaghula Husk Sachets (10)	Constipation	Under 6 yrs, difficulty swallowing, faecal impaction, intestinal obstruction
Mebendazole 100mg Chewable Tablet (1)	Threadworm	Under 2 yrs
Menthol and Eucalyptus Inhalation (100 ml)	Nasal congestion	Under 2 yrs, diabetes, hyperthyroidism
Miconazole 2% Cream (30g)	Athletes foot	Under 1 yr, diabetes, toenail infection, previous treatment failure
Paracetamol 500 mg Tablets (32)	Fever / Headache / Mild to moderate pain, Sore throat	Alcohol dependency, severe liver disease
Paracetamol Soluble 500mg Tablets (24)	Sore throat	See above
Paracetamol Suspension SF 120 mg / 5 ml (100 ml)	Fever / Sore throat	Under 6 yrs - headache, under 1yr - pain, under 3 months - fever
Paracetamol Suspension SF 250 mg / 5 ml (100 ml)	See paracetamol tablets	See paracetamol tablets
Pholcodine Linctus SF 5mg/5ml (200ml)	Cough	Under 6 yrs, mucus production, see guaphenesisin
Rehydration Sachets (6)	Diarrhoea	Under 1 yr, chronic diarrhoea, clinical shock suspected/confirmed
Senna Tablets 7.5mg (20)	Constipation	Under 12 yrs, see ispaghula
Simple Linctus SF (200 ml)	Cough	Concurrent congestion, see guaphenesisin
Simple Linctus Paediatric SF (200 ml)	Cough	Under 2 yrs, see above
Sodium Chloride Nasal Drops (OP)	Nasal congestion	Under 3 months, diabetes, hyperthyroidism
Sodium Cromoglicate Eye Drops (5 ml)	Hay fever	Severe pain, infective conjunctivitis, foreign body
Sudocrem (125g)	Nappy rash	Fungal/bacterial infection, rash with satellite lesions
Xylometazoline 0.05% Nasal Drops	Nasal congestion	Under 2 yrs, diabetes, hyperthyroidism
Xylometazoline 0.1% Nasal Spray	Nasal congestion	Under 12 yrs, diabetes, hyperthyroidism

* This list is not exhaustive – please see protocols for more detailed information

http://www.mkchs.nhs.uk/assets/_managed/editor/file/QMK/Community%20pharmacy/LES/MAS/Minor%20Ailments%20Protocols%20August%202011.pdf

All products are cheaper to buy over the counter for patients that pay prescription charges